

MAINE PRODUCT SEASON AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

| Product | JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEP | OCT | NOV | DEC |
|------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| DAIRY, CHEESE & EGGS | | | | | | | | | | | | |
| HONEY | | | | | | | | | | | | |
| MAPLE | | | | | | | | | | | | |
| MEAT & POULTRY | | | | | | | | | | | | |
| PLANTS | | | | | | | | | | | | |
| BEDDING PLANTS | | | | | | | | | | | | |
| CUT FLOWERS | | | | | | | | | | | | |
| HERBS | | | | | | | | | | | | |
| FORESTRY & FIBER | | | | | | | | | | | | |
| CORDWOOD | | | | | | | | | | | | |
| LUMBER | | | | | | | | | | | | |
| WOOL | | | | | | | | | | | | |
| GRAINS | | | | | | | | | | | | |
| BARLEY | | | | | | | | | | | | |
| BUCKWHEAT | | | | | | | | | | | | |
| CANOLA | | | | | | | | | | | | |
| CORN | | | | | | | | | | | | |
| MILLET | | | | | | | | | | | | |
| OATS | | | | | | | | | | | | |
| RYE | | | | | | | | | | | | |
| SORGHUM | | | | | | | | | | | | |
| SOYBEANS | | | | | | | | | | | | |
| SPELT | | | | | | | | | | | | |
| SUNFLOWER | | | | | | | | | | | | |
| TRITICALE | | | | | | | | | | | | |
| VETCH | | | | | | | | | | | | |
| WHEAT (HARD RED) | | | | | | | | | | | | |
| WHEAT (SOFT WHITE) | | | | | | | | | | | | |
| FRUIT | | | | | | | | | | | | |
| APPLES | | | | | | | | | | | | |
| BLACKBERRIES | | | | | | | | | | | | |
| BLUEBERRIES, Highbush | | | | | | | | | | | | |
| BLUEBERRIES, Wild | | | | | | | | | | | | |
| CANTALOUPE | | | | | | | | | | | | |
| CRANBERRIES | | | | | | | | | | | | |
| GRAPES | | | | | | | | | | | | |
| PEACHES | | | | | | | | | | | | |
| PEARS | | | | | | | | | | | | |
| PLUMS | | | | | | | | | | | | |
| RASPBERRIES | | | | | | | | | | | | |
| RHUBARB | | | | | | | | | | | | |
| STRAWBERRIES | | | | | | | | | | | | |
| WATERMELON | | | | | | | | | | | | |
| VEGETABLES | | | | | | | | | | | | |
| ARUGULA | | | | | | | | | | | | |
| ASPARAGUS | | | | | | | | | | | | |
| BEANS (SNAP, WAX) | | | | | | | | | | | | |
| BEANS (DRY) | | | | | | | | | | | | |
| BÉETS | | | | | | | | | | | | |
| BEET GREENS | | | | | | | | | | | | |
| BOK CHOY | | | | | | | | | | | | |
| BROCCOLI | | | | | | | | | | | | |
| BRUSSEL SPROUTS | | | | | | | | | | | | |
| CABBAGE | | | | | | | | | | | | |
| CHINESE CABBAGE | | | | | | | | | | | | |
| CARROTS | | | | | | | | | | | | |
| CAULIFLOWER | | | | | | | | | | | | |
| CELERY | | | | | | | | | | | | |
| CHARD | | | | | | | | | | | | |
| CORN (SWEET) | | | | | | | | | | | | |
| CUCUMBERS | | | | | | | | | | | | |
| EGGPLANT | | | | | | | | | | | | |
| FIDDLEHEADS | | | | | | | | | | | | |
| GARLIC | | | | | | | | | | | | |
| KALE/COLLARDS | | | | | | | | | | | | |
| LEEKs | | | | | | | | | | | | |
| LETTUCE/SPINACH/MIXED GREENS | | | | | | | | | | | | |
| MORELS | | | | | | | | | | | | |
| MUNG BEANS | | | | | | | | | | | | |
| MUSHROOMS (CULTIVATED) | | | | | | | | | | | | |
| ONIONS (BULB) | | | | | | | | | | | | |
| PARSLEY | | | | | | | | | | | | |
| PARSNIP | | | | | | | | | | | | |
| PEAS (SHELL) | | | | | | | | | | | | |
| PEAS (EDIBLE POD) | | | | | | | | | | | | |
| PEPPERS | | | | | | | | | | | | |
| POTATOES | | | | | | | | | | | | |
| PUMPKINS | | | | | | | | | | | | |
| RADISHES | | | | | | | | | | | | |
| RUTABAGA | | | | | | | | | | | | |
| SCALLIONS | | | | | | | | | | | | |
| SHALLOTS | | | | | | | | | | | | |
| SQUASH (SUMMER, ZUCCHINI) | | | | | | | | | | | | |
| SQUASH (WINTER) | | | | | | | | | | | | |
| SWEET POTATOES | | | | | | | | | | | | |
| SWISS CHARD | | | | | | | | | | | | |
| TOMATOES | | | | | | | | | | | | |
| TURNIP | | | | | | | | | | | | |

Key

- HARVEST SEASON
- EXTENDED SEASON OR FROM GREENHOUSE
- AVAILABLE FROM STORAGE

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Please note: the bars represent average dates for the state of Maine. Availability of products can vary widely based upon weather, locality, variety grown and other conditions such as pests or disease outbreak. This chart is meant to serve as a guideline for the purchase of fresh, wholesome Maine-grown products. Look for the *Get Real. Get Maine!* logo at your local grocery store, farmer's market or farm stand.

